



GROCERY & PROVISION MERCHANTS
Suppliers to the Trade
Registered Office & Warehouse
EASTERN GREEN, PENZANCE, CORNWALL. TR18 3AS
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FROZEN FOOD

PRODUCT LIST

2019

THIS IS A SAMPLE OF WHAT WE STOCK DURING THE YEAR.
PLEASE NOTE THAT PRODUCTS CAN BE ADDED OR
DISCONTINUED SEASONALLY, BUT PLEASE ENQUIRE IF
YOU HAVE ANY SPECIAL REQUIREMENTS.



FRUIT

<u>Ardo Raspberries Tub</u>	1 x 300g
<u>Ardo Summer Fruits</u>	1 x 500g
<u>Ardo Fruit of the Forest</u>	1 x 500g
<u>Ardo Blackcurrants</u>	1 x 500g
<u>Ardo Redcurrants</u>	1 x 500g
<u>Ardo Blueberries</u>	1 x 500g
<u>Ardo Strawberries</u>	1 x 500g
<u>Ardo Blackberries</u>	1 x 500g
<u>Ardo Gooseberries</u>	1 x 1kg
<u>Ardo Cranberries</u>	1 x 1kg
<u>Ardo Mango Chunks</u>	1 x 1kg
<u>Ardo Raspberries</u>	1 x 1kg
<u>Ardo Sliced Apples</u>	1 x 1kg

VEGETABLES

<u>Ardo Garden Peas</u>	1 x 1kg
<u>Ardo Mixed Veg</u>	1 x 1kg
<u>Ardo Sliced Green Beans</u>	1 x 1kg
<u>Ardo Whole Green Beans</u>	1 x 1kg
<u>Ardo Sweetcorn</u>	1 x 1kg
<u>Ardo Broad Beans</u>	1 x 1kg
<u>Ardo Button Sprouts</u>	1 x 1kg
<u>Ardo Diced Swede</u>	1 x 1kg
<u>Ardo Cauliflower Florets</u>	1 x 1kg
<u>Ardo Leaf Spinach</u>	1 x 1kg
<u>Ardo Onion Rings</u>	1 x 1kg
<u>Everyday Choice Peas</u>	1 x 2.5kg
<u>Birdseye Garden Peas</u>	1 x 1.58kg

CHIPS

Sterling Chips 10/18" Steakcut	4 x 2.5kg
Sterling Chips 9/16"	4 x 2.5kg
Sterling Chips 3/8"	4 x 2.5kg
Lutosa Skin on Chips 14/14"	4 x 2.5kg
Lutosa Herby Diced Potatoes	4 x 2.5kg
Lutosa Hash Browns	4 x 2.5kg

PASTIES/PASTRIES

Rowes Large Steak Pasty	12 x 500g
Rowes Medium Steak Pasty	15 x 350g
Rowes Cocktail Steak Pasty	40 x 135g
Rowes Chicken & Veg Pasty	20 x 290g
Rowes Cheese & Onion Pasty	20 x 285g
Rowes Veggie Power Pasty	20 x 283g
Rowes Large Sausage Rolls	50 x 130g
Simply Cornish Bacon Bites	30 x 135g
Rowes Plain Scones	12 x 4's
Rowes Sultana Scones	12 x 4's
Croissants Unbaked	1 x 48's
Pain Au Choc Unbaked	1 x 48's
Kara Croissants Baked	48 x 50g
Jus Rol Puff Pastry	1 x 1.5kg
Jus Rol Shortcrust Pastry	1 x 1.5kg

BREAD ROLLS/BAPS

Floured Baps 5"	1 x 8's
Toasted Teacakes 5"	1 x 8's
Hot Dog Rolls 6"	1 x 12's
Planete Pain Baguettes	50 x 125g

MEAT

Unger Pork Sausages (x80)	1 x 4.54kg
Plumtree Farm Cumberland Sausages (x 48)	1 x 3.63kg
Pennylane American Seasoned Burgers	48 x 113g
Chef's Selection Battered Chicken Fillet Bites	2 x 1kg

FISH

Chef's Selection Wholetail Breaded Scampi	1 x 454g
Paramount Whitebait	1 x 454g
Ocean Pearl Raw & Peeled King Prawns	1 x 1kg
Chef's Selection Luxury Cooked & Peeled Prawns	1 x 2kg
Young's Fish Fishers	1 x 60's
Young's Cod Fillets in Parsley Sauce	16 x 140g

VEGETARIAN

Katerveg Vegetable Sausages	1 x 48's
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ICE CREAM/ICE LOLLIES

Roskillys Ice Cream Tub (All Varieties)	1 x 4ltr
Lyons Maid Vanilla Ice Cream Tub	1 x 4ltr
Hunts Strawberry Ice Cream Tub	1 x 4ltr
Chef's Selection Chocolate Ice Cream Tub	1 x 4ltr
Magnum Classic/ White/ Almond/ Double Chocolate	20 x 120ml
Cornetto Classic/ Strawberry/ Mint	30 x 90g
Feast	35 x 92ml
Mini Milk	44 x 23g
Fab	32 x 58ml
Fruit Pastille Ice Lollies	32 x 75ml
Callipo Orange	24 x 105ml
Twister	35 x 80ml
Solero Exotic	25 x 90ml
Ice Cubes	1 x 2kg